

RULE THE COURT

with our Basketball Excellence Programs

Got a passion for basketball and the talent to back it up? Some Queensland state high schools have the perfect program to help you level up your game.

With high-performance coaching, strength and conditioning, and competition opportunities, our program is designed to help you develop your skills, game IQ, and physical fitness.

Basketball



Ready to make your move?

As part of the Health and Physical Education (HPE) curriculum, our basketball programs provide:

- High-performance coaching, and strength and conditioning training
- Competition opportunities to boost your technical ability and game strategy
- Focus on sports nutrition, injury prevention, leadership, goal setting, and sports psychology
- Exposure to all aspects of the game, including officiating, coaching, team management, and sports administration

Perfect your game

Work with experienced coaches to refine your skills in offensive and defensive strategies, strength training, and game analysis. Some schools even offer successful students a Certificate II or III in Sport and Recreation as part of their studies in Years 10 and 11.

Create your path

Graduates have the chance to compete at state, national, and international levels, pursue tertiary studies in sports science, or explore careers in professional basketball, coaching, and sports management.